

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 CHICKEN TENDERS OR: VEGGIE NUGGETS WITH: ASPARAGUS ROASTED CHICKPEA SALAD SEASONAL FRUIT	4 Sloppy Joe OR: Garden Burger With Arugula Salad Italian Green Beans Pears
7 HAM OR TURKEY & CHEESE SANDWICH OR: VEGGIE SANDWICH TOMATO, ROASTED PEPPER, MIXED GREENS WITH: KETTLE CHIPS PICKLE CARROTS & CELERY DICED PEACHES	8 RIGATONI TOMATO PASTA WITH: MEXICAN CORN ROASTED BROCCOLI TROPICAL FRUIT SWEET POTATO FRIES DICED PINEAPPLE	9 BAKED CHICKEN LEGS OR: RED BEAN STEW WITH: BAKED BEANS GARDEN SALAD WITH CUCUMBERS AND TOMATO WITH RED WINE VINAIGRETTE	10 CHICKEN NUGGETS OR: BEAN & CHEESE NACHOS WITH: SPINACH FRENCH FRIES MANDARIN ORANGES	11 Grilled Cheese With: Sauté Spinach Yellow Rice Mixed Fruit
14 CHEF-FIL-A BREADED CHICKEN SANDWICH OR: BLACK BEAN BURGER ON A WHOLE WHEAT BUN WITH: BBQ SAUCE SAUTÉ SPINACH BAKED BEANS DICED PEACHES AND PEARS	15 STREET STEAK TACO ON A SOFT TORTILLA OR: BEAN & CHEESE BURRITO WITH: BROCCOLI TREES WITH RANCH DRESSING STEAMED CORN TROPICAL FRUIT	16 HONEY GARLIC SHRIMP STIR-FRY WITH SUNDRIED TOMATOES, AND GARLIC LIME SAUCE OR: NO SHRIMP OPTION WITH CUCUMBER SALAD ROASTED CARROTS MIXED FRUIT	17 CHICKEN NUGGETS OR: PASTA SALAD WITH: CELERY WITH RANCH DRESSING SWEET POTATO FRIES DICED PEACHES	18 PERSONAL PAN PIZZA WITH: CARROTS AND CELERY WITH RANCH DRESSING FRUIT CUPS
21 AYA (TURKEY) HAMBURGER HELPER MACARONI AND CHEESE WITH: GREEN BEANS ROMAINE SALAD WITH ITALIAN DRESSING GALA APPLE	22 BROCCOLI CHEESE CASSEROLE WITH: ROASTED CARROTS ROASTED CAULIFLOWER WATERMELON WEDGE	23 BBQ CHICKEN QUESADILLA OR: VEGGIE QUESADILLA WITH: GREEN PEAS SWEET CORN DICED PINEAPPLE	24 CHICKEN NUGGETS OR: VEGETARIAN SAUSAGE WITH: SWEET POTATO WEDGES CAESAR SALAD MIXED FRUIT	25 CHIPOTLE STEAK BOWL CHIPOTLE VEGGIE BOWL WITH: CILANTRO RICE HOUSE SALAD WITH RANCH DRESSING FRUIT SALAD
28 SPAGHETTI WITH MEAT OR: VEGETARIAN SAUSAGE WITH: GARDEN SALAD WITH CUCUMBER AND TOMATO SWEET POTATO WEDGES MANDARIN ORANGES	29 TURKEY MELT OR: VEGGIE BURGER WITH: BAKED BEANS GARDEN SALAD WITH ITALIAN DRESSING RAINBOW FRUIT SALAD	30 TUNA SALAD WRAP OR: STUFFED VEGETARIAN PEPPER WRAP WITH: BRUSSEL SPROUTS KALE SALAD MIXED FRUIT	31 CHICKEN TENDERS OR: VEGGIE NUGGETS WITH: GREEN BEAN ALMONDINE ROASTED BROCCOLI PARM SEASONAL FRUIT	

V = Vegetarian Entrée Options

Milk is Included with All Meals
Choose 1% White or Fat Free Chocolate Milk

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.
Locally sourced ingredients included whenever possible.
No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

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